Rise up within me

Rise up within me O my soul and bless the Lord

Rise up within me O my soul and praise His name

He is the awesome Holy God

He is the King on Heaven’s throne

And I will praise Him. I will raise a shout

I will lift His name on high

I will point the way, I will speak the truth

I will dance undignified

For He is my light and my salvation

He is my source of hope and life

Diseases are healed and sins are forgiven

He’s redeemed me from the pit of hell

Crowned me with love and tender mercies

And this my soul knows very well